

Flower Girl Ballerina Manikin

Designed By: Carin Heiden Atkin
Time to complete: 45 minutes to 1 hour

Level: Beginner



Front View

These colorful and whimsical flower girl delights are sure to evoke a smile! Perfect for a wedding shower, a little girl's room, adding interest to an empty shelf, or even place card holders for a dinner party, these flower girls are easy to make and fun to enjoy.

Materials List:

Loew-Cornell

361C, 12 inch female manikin

- 3 silk floral stems or 1 floral bush
- 2 yards satin organdy ribbon 5/8" wide.
- 5 yards of white 6-inch wide tulle ribbon
- 2 packages small ribbon roses.
- 1 bunch of miniature flowers
(found usually in the bridal section)
- Scissors
- Low Temperature Glue Gun
- Glue sticks

Instructions:

Read all instructions before beginning your project. Refer to photo for placement.

1) Remove silk flowers and leaves from their stems and separate the flowers into individual petals.

2) Cut the 5 yards of tulle into (5) 1 yard sections. Cut a 1/4" vertical strip off each piece and reserve to use to tie your bows. With each 1 yard length, make a 3 loop bow. (4-5" loop lengths with (2) 4" tails.) Tie each bow with the 1/4" strips.

3) Fluff the bow loops and then fold the bow in half. Attach the bows around the lower half of the manikin torso just above where the legs start, by gluing at the center (which is now the top of the bow).

4) Begin making the petticoat/lower part of the skirt with leaves, gluing them to the tulle bows. Begin with larger leaves and add leaves as desired for fullness.

5) To create the bodice, use the sepals (the outer protective leaves of a flower, usually green) that were on the very bottom of your silk flowers before you disassembled them. It usually has 5 long, narrow segments. You will use 4 to create a front "V" and a back "V" gluing them into place and overlapping at the shoulders.

(continued on back)

Project Tips:

- Pick your flowers first and then pick ribbon and accessories to coordinate. The accessory that tends to be the most limiting as far as color, is the miniature flower bunch that is used as the bouquet.
- To attach the leaves and petals to the manikin you will use a hot glue gun. It is best to use a low temp model and keep a container of cold water nearby for those inevitable drips that get on your fingers.
- It only takes a little bit of glue so think small drops, not globs.
- Use the stems of the silk flowers to help you hold petals in place while the glue sets up.

6) To complete the skirt, first organize your flower petals by size. Set aside the smallest ones for the bodice and very top of the skirt. Work your way up the skirt, starting with the largest petals and gluing to the top of the leaves with just a drop of glue at the top of each petal. To create a fuller look, pinch each petal at the top as you glue it. Continue around the skirt. Work your way up the skirt in layers until you get to the waist.

7) To complete the bodice, glue one flower petal to each side of the front, overlapping them in the middle. Finish the back by gluing one or two overlapping petals. Add one more petal to the front center, just below the two overlapping petals and glue two petals horizontally around the sides of the waist.

8) Find the center of your ribbon and starting at the middle, wrap around the waist from front to back, make a twist and then pull the tails to the front and wrap 3 times ending in the back and tying a bow.

Details:

9) Glue two ribbon roses to the center front of the cummerbund. Glue the remaining ribbon roses around the head as a halo and place a bouquet of miniature flowers in her hands. Secure the bouquet by twisting the wire stems around her wrist and gluing if necessary.



Back View



Bodice (above)

Skirt (below)

